The Power of Your Voice: How Women Build Trust, Influence, and Business Growth with Ignite Speaker, Cathy Reilly - Episode 445

In this Episode:

- Why your voice is one of your greatest business assets and how it creates trust, opportunities, and growth.
- The hidden cost of staying silent and how holding back can keep you from your next evolution of success.
- Why courage comes before confidence and how taking one courageous step changes everything.
- How women can give themselves permission to be seen, heard, and fully express who they are.
- Why asking better questions and listening more deeply creates stronger relationships and better business results.
- How speaking becomes one of the most powerful growth strategies in your business.
- What it means to communicate with confidence without feeling salesy or performative.
- Why humans simply want to be seen, heard, and understood, and how that changes the way we communicate.
- How your energy, presence, and authenticity help people listen, lean in, and trust you.

Notable Quotes:

“With clarity comes trust. And with trust comes business, comes success, comes happiness.”

Pearls of Wisdom:

1. Courage comes before confidence.
2. Get comfortable being uncomfortable.
3. Don't let your negative self-talk keep you playing small.

Resources:

Cathy Reilly is the CEO of Sharing the Shine and founder of The Clarity Code™. With over 25 years of experience consulting attorneys in high-stakes courtroom environments, she knows how to guide people through pressure, conflict, and change to achieve measurable results. Blending psychology, neurolinguistics, and leadership strategy, Cathy helps leaders and entrepreneurs communicate with clarity, confidence, and purpose, creating connection, trust, and sustainable business growth. She is a globally recognized speaker, trainer, three-time best-selling author, and host of the Breaking Bad Communication podcast, empowering individuals and teams to lead with emotional intelligence and communicate in ways that captivate, connect, and convert.

About the Host:

Kami Guildner believes women's voices matter. She is a connector. A storyteller. A business coach for high vibe women entrepreneurs helping them #RaiseUP their Voice, Vision and Visibility for Impact and Business Growth.

Kami helps her clients build businesses they love with more time prosperity and more wealth prosperity. She weaves soulful-inspiration into mindful business strategies, and this Soul+Strategy™ approach to business helps her clients succeed in business and worldly impact.

Her clients scale and grow their businesses with a more feminine, abundant approach. Her community of entrepreneurs is creating a new paradigm of entrepreneurship, helping each other raise up in a ripple effect of impact. Her clients have gone on to reach extraordinary heights as consultants, coaches and leaders – achieving exponential revenue growth, landing on big stages, starting software companies, launching new professional organizations, transforming corporate cultures and transforming lives. They are influential and they are changemakers.

Kami is the founder of the Extraordinary Women Ignite Conference and host of the award-winning Extraordinary Women Radio™. She is the best-selling author of Firedancer: Your Spiral Journey to a Life of Passion and Purpose and was named to the 2020 Twenty-Five Most Powerful Women in Business List by the Colorado Women's Chamber of Commerce.

Connect with Cathy

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Learn more and join us at the 12th Extraordinary Women Ignite Conference here.

*This is episode 445

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