Why Your Relationship Is a Business Strategy with Dr. Jeni Wahlig

In this Episode:

- Why your relationship at home quietly shapes how you lead, create, and show up in your business
- What it looks like to stop carrying everything and start co-creating real support with your partner
- How to shift out of reactive conversations and into grounded, clear leadership in the moments that matter
- Why “communication tips” aren’t the whole answer, and what actually helps when emotions run high
- The truth behind “it only takes one” and how one woman changing her approach can change the whole dynamic
- How to invite your partner into growth without over-explaining, people-pleasing, or doing all the emotional labor
- A simple power question you can use in real time to choose your next best step when you feel triggered
- What “love as a practice” looks like when you’re building a big life, a big mission, and you want a home that feels like a sanctuary

Notable Quotes:

“Love is the willingness to extend oneself for the greatest good and spiritual growth of oneself and another person.”

“You are powerful, and you don’t need to wait for your partner to change in order to create the changes you desire.”

Pearl of Wisdom:

1. You are powerful, and you don't need to wait for your partner to change or be ready to create the changes that you desire in your relationship.
2. Come back to you when you're struggling.
3. Allow yourself to believe in the possibilities of love.

Resources:

Dr. Jeni Wahlig, relationship rebel, empowerment expert, and intuitive infinite possibilities guide, is on a mission to revolutionize women's experience of marriage so they can finally receive the powerful love their soul (and success) deserve. She is the co-founder of PowerfuLove Relationships and co-creator of the PowerfuLove Method, a proven approach to creating deeply connected, next-level love (even if one partner isn't on board yet). With nearly 20 years of experience, a PhD in Couple & Family Therapy, and an international speaking career, Dr. Jeni blends science, soul, and straight talk. Together with her partner Calvin, she is living and leading a movement that redefines what's possible in love, life, and leadership through relational mastery.

About the Host:

Kami Guildner believes women's voices matter. She is a connector. A storyteller. A business coach for high vibe women entrepreneurs helping them #RaiseUP their Voice, Vision and Visibility for Impact and Business Growth.

Kami helps her clients build businesses they love with more time prosperity and more wealth prosperity. She weaves soulful-inspiration into mindful business strategies, and this Soul+Strategy™ approach to business helps her clients succeed in business and worldly impact.

Her clients scale and grow their businesses with a more feminine, abundant approach. Her community of entrepreneurs is creating a new paradigm of entrepreneurship, helping each other raise up in a ripple effect of impact. Her clients have gone on to reach extraordinary heights as

consultants, coaches and leaders – achieving exponential revenue growth, landing on big stages, starting software companies, launching new professional organizations, transforming corporate cultures and transforming lives. They are influential and they are changemakers.

Kami is the founder of the Extraordinary Women Ignite Conference and host of the award-winning Extraordinary Women Radio™. She is the best-selling author of Firedancer: Your Spiral Journey to a Life of Passion and Purpose and was named to the 2020 Twenty-Five Most Powerful Women in Business List by the Colorado Women's Chamber of Commerce.

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