How Can Women Stop Outsourcing Their Power and Step into Feminine Leadership and Visibility with Christina Woods

In this Episode:

- How women entrepreneurs can break free from old patterns, reclaim their worth, and align mindset, wellness, visibility, and soulful business strategies to create lasting growth, prosperity, and purpose.
- How to reconnect with your voice and intuition, release limiting patterns, and step into feminine leadership for authentic business growth and fulfillment.
- How to move beyond surface-level work by uncovering subconscious blocks, tapping into feminine wisdom, and rewiring limiting beliefs to align business, wellness, and leadership with true purpose.
- How addressing both the subconscious and nervous system helps women entrepreneurs release perfectionism, heal trauma, and unlock greater visibility, confidence, and sustainable business growth.

Notable Quotes:

“Your subconscious belief is a million times more powerful than any logic.”

Pearls of Wisdom:

1. Trust your intuition.
2. Your energy is your loudest voice.
3. Women are an incredible and powerful force.

Resources:

Christina Woods is an internationally recognized Clinical Hypnotherapist, Rapid Transformational Therapist®, Certified High Performance Coach, Reiki Master, and Author. She empowers women to overcome self-sabotage, break free from limitations, and discover their inner strength to create fulfilling lives. As the founder of Wise Woods Hypnotherapy, Christina's signature method combines hypnotherapy, coaching, and energy healing for profound personal transformation.

About the Host:

Kami Guildner believes women's voices matter. She is a connector. A storyteller. A business coach for high vibe women entrepreneurs helping them #RaiseUP their Voice, Vision and Visibility for Impact and Business Growth.

Kami helps her clients build businesses they love with more time prosperity and more wealth prosperity. She weaves soulful-inspiration into mindful business strategies, and this Soul+Strategy™ approach to business helps her clients succeed in business and worldly impact.

Her clients scale and grow their businesses with a more feminine, abundant approach. Her community of entrepreneurs is creating a new paradigm of entrepreneurship, helping each other raise up in a ripple effect of impact. Her clients have gone on to reach extraordinary heights as consultants, coaches and leaders – achieving exponential revenue growth, landing on big stages, starting software companies, launching new professional organizations, transforming corporate cultures and transforming lives. They are influential and they are changemakers.

Kami is the founder of the Extraordinary Women Ignite Conference and host of the award-winning Extraordinary Women Radio™. She is the best-selling author of Firedancer: Your Spiral Journey to a Life of Passion and Purpose and was named to the 2020 Twenty-Five Most Powerful Women in Business List by the Colorado Women's Chamber of Commerce.

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