

Nadira Artyk, Empowering Women's Voices, Leadership, and Impact- Episode 347

In this Episode:

- Explore Nadira's inspiring journey from a patriarchal upbringing in Soviet Uzbekistan to becoming a journalist for the BBC and her mission to empower women.
- Understand the unique obstacles women encounter when finding and using their voices, especially in professional environments.
- Learn why visibility is crucial for women's success in leadership roles and how it can be linked to a larger purpose to overcome fears and hesitations.
- Discover how cultivating a growth mindset, emotional intelligence, and self-awareness can help individuals overcome personal and professional obstacles.
- Explore the evolving dynamics in the workplace, including addressing toxic cultures and the growing importance of self-care, emotional intelligence, and executive presence in leadership roles.
- Understand the significance of resilience, proactive action, and a strong mindset in navigating the challenges of entrepreneurship and building a thriving business.

Notable Quotes:

“My mission is to empower women find their voice, to own their voice, and to speak up in bolder ways and to show up for themselves, whether they are entrepreneurs or in corporate world.”

“Every woman's voice matters.”

“Visibility is a tool for us to achieve our missions, to achieve our goals.”

Pearl of Wisdom:

1. Stop worrying so much about other people's judgment.
2. Start developing that self compassionate self talk.
3. Use your voice in your authentic way.

Resources:

Nadira Artyk is a certified executive leadership coach and a personal branding expert. She is also the founder of [Visionary Voices](#), the global community of women leaders, founders, and consultants, and is LinkedIn's top voice. For the past decade, Nadira has coached and trained hundreds of women CEOs, managers, founders, consultants, and entrepreneurs all around the world, helping them become vocal, visible and influential leaders.

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Art of Networking For Busy Women Leaders Webinar - [Replay](#)

From Overlooked & Overworked to Industry Leader [Workshop Replay](#)

Personal Branding Guide For Women Leaders - download [here](#)

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