

# Kimberly Spencer, Crowning Your Entrepreneurial Journey for Mindset Transformation and Personal Growth - Episode 348

## In this Episode:

- Kimberly discusses her entrepreneurial journey, sharing her experiences in overcoming business challenges and personal growth through mindset transformation.
- The concept of embracing your inner strength and potential to take ownership and step into leadership.
- Examine and transform your internal narratives to align with your true self and inspire others.
- Recognize the significance of language in shaping your reality, and use empowering language to make conscious choices.
- Define yourself beyond roles and business identities, focusing on your true essence and values to cultivate a more authentic and holistic life.
- Understand the power of your personal stories in shaping how people perceive and connect with you.
- Gain visibility and confidence by sharing your authentic messages, overcoming mindset challenges, and leveraging guest podcasting to refine your messaging and build influence.

## Notable Quotes:

“The language that you use dictates a reality.”

“There is a lot of courage that comes with stripping away the illusions of all the shoulds that have been thrown upon you and showing up fully as you are.”

## Pearl of Wisdom:

1. Ownership is essential.
2. Lead with generosity.
3. Look at everything in life as a relationship.

## Resources:

**Kimberly Spencer** is the powerhouse founder of CrownYourself.com and CEO of Communication Queens, where she dedicates her expertise to helping visionary leaders transform their self-limiting stories, build their empires, and fearlessly stand out, creating a body, business, and life that truly rules.

A relentless warrior for human's infinite possibility and an unsinkable optimist, Kimberly, is on a revolutionary quest to shift mindsets from fear to faith. Her transformative work has been featured across prestigious platforms including Netflix, ESPN, Chicken Soup for the Soul, NPR, Thrive Global, CNBC, and Forbes.

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