



SUSAN ECKERT

CONFIDENCE  SOUL PURPOSE

B I O

Just as the Renaissance period gave rise to the "Renaissance man," Susan Eckert believes there is a new woman awakening in the world today. She is the Lotus Woman and she eschews masculine ways of being in the world to honor her feminine gifts so that she can heal herself & by extension, the world. Susan believes the awakening Lotus Woman will change the world as we know it.

Post-graduate school, Susan worked for top corporations as an HR/Organizational Development consultant. But her world was forever changed by a single quote she stumbled across in a flea market find. It led her to quit her corporate job, and embark on a journey to discover her soul's purpose. She's never looked back.

As an author, educator & coach, Susan empowers spiritual women to heal the soul-body connection so they can confidently own their feminine gifts & SoulPurpose and live SoulEmpowered lives.

INTERVIEW TOPICS

- Why so many women (even accomplished ones) struggle with confidence and feel they are "not enough"
- 5 "petals" of the confident Lotus Woman
- How women can awaken dormant SoulSeeds
- In pursuit of balance: 5 Key ways feminine & masculine energy differs
- The importance of intuition

SAMPLE QUESTIONS

- What is a Lotus Woman & how is she different from the modern woman?
- Do we really all have a SoulPurpose?
- What are SoulSeeds & how do we know if they're awake or dormant?
- How can we become Lotus Women?

CREDENTIALS

- MA Psychology, Columbia University
- Currently pursuing PhD in Metaphysics
- Certifications in energy healing, hypnosis, mindfulness & meditation
- Founder The Transformation Space in NY & The H.E.R Rapid Transformation Method
- Author, Intercultural Communication, Body & Soul, and contributing author in The Wellness Universe Guide to Self-Care, Vol III: 25 Tools to Achieve Anything

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