

Lisa Barnett - Author of *The Infinite Wisdom of the Akashic Records*

In this episode:

- Lisa discusses the essence of Akashic Records and how its wisdom can help people to realize their optimal being.
- She basks in the nostalgic memories of her career shift and how it ultimately led her to a life she loves today.
- The mystifying hows, whats and whys of the Akashic Records and how we are all intertwined in its power.
- Listen to what the Akashic Records intend to communicate in these times of uncertainty, confusion and trauma.
- Lisa shares the link between the past and the present lives and how we can learn with the Akashic records to develop ourselves.

Lisa Barnett, an internationally recognized bestselling author of "The Infinite Wisdom of the Akashic Records" with her newest book "From Questioning to Knowing".

She is also the founder of Akashic Knowing School of Wisdom where she teaches students around the world to access personal Soul wisdom and Akashic guidance for life.

Lisa has more than twenty-five years of experience in spiritual healing and is a master of empowering individuals to find greater fulfillment, happiness, abundance, health, and ease by helping them align with their soul path, understand their soul contracts, and complete their karma and vows.

Quotes from this episode:

"Life is not random. Life is also not written in stones." —Lisa Barnett

"Your soul has a plan. It's all about awakening to life's purpose." —Lisa Barnett

"There's a lot more to this world than the next new car or vacation." —Lisa Barnett

"You cannot save anyone. They have to be involved. They have to be willing." —Lisa Barnett

"The process of unconditional love will awaken the humanity." —Lisa Barnett

3 Pearls of Wisdom:

"The soul really does have a plan."

"You are an infinite, wise, and ancient soul. Don't let your ego trick you."

"As we love ourselves, we can open our hearts to love others."

Resources:

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Website: <https://akashicknowing.com/>

LinkedIn: <https://www.linkedin.com/in/akashicknowing/>

Twitter: <https://twitter.com/AkashicKnowing>

Book: [The Infinite Wisdom of the Akashic Records](#)

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Timestamp:

19:10 – 20:15 – The beauty of having talents that continues to diversify one's purpose and passion in life.