

Jennifer Longmore - International Soul Purpose and Money Mindset Expert, Akashic Records Wisdom, Podcaster and 5-time Best Selling Author

In this episode:

- Jennifer basks in the nostalgia of her early career as a forensic investigator, the tricky in-betweens and processes and the reality of working for the government.
- She laughs through the times when she shifted into the corporate world investigating fraud, sexual harassment and ultimately taking the leap into entrepreneurship.
- Jennifer discusses the many aspects, feelings, and interconnection of entrepreneurial ventures in life and self-actualization.
- Recalling the time where her progress became a hindrance for people of the same goals to connect with her and Jennifer discusses why you shouldn't let your progress dictate your speed.
- How the seemingly-cliché act of writing messages to one's business, money, goals and experiences can actually magnetize us towards it.
- Listen to Jennifer's amazing, money yet counterintuitive strategy that you can use to achieve your goals and aspirations in life!

Jennifer Longmore, is a Forensic Investigator turned international Soul Purpose and Money Mindset Expert, a sought-after media personality, 5-time best-selling author, and creator of one of the top spiritual development training schools in the world. She has two podcasts that I regularly tune into – Soul Journey and the 7-figure Club Podcast.

For over 15 years she has been helping people remember who they really are through over 30,000 soul purpose sessions, including the who's-who of actors, professional athletes, CEOs of leading companies, and other influential luminaries.

Quotes from this episode:

"I realized that money creates speed." – Jennifer Longmore

"The only reason money takes time to come in is because of the constructs that we have." – Jennifer Longmore

"We tend to lead with what we don't want. And we're really good at focusing on what doesn't work." – Jennifer Longmore

"Make peace with money and allow it to be a tool because that's all it really is." - Jennifer Longmore

3 Pearls of Wisdom:

"One day and someday are not days of the week."

"Healing our money story needs to be a priority."

"Amp up our sense of worthiness and deservingness."

Resources:

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Website: <https://www.souljourneys.ca/>

Facebook: <https://www.facebook.com/jlongmore>

Instagram: <https://www.instagram.com/jenniferlongmore/>

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Timestamp:

28:32 – 29:07 – Jennifer shares the lesson she learned people’s reactions to her progress and her goals.