

Laurie Seymour - Awakening Your Inner Wisdom

In this Episode:

- Moving beyond separation as Laura's hope for this world
- Connecting with yourself and how it is crucial to creation and innovation
- Receiving inner guidance and direction and learning how to have discernment with these
- The defining times which turned the knob for Laurie
- The inner compass and standing in your truth
- Being co-creators with the universe and what it means
- How to bring more creation and innovation to one's self through quantum leaps and universal consciousness
- Activating the divine blueprint around innovation

Quotes from this Episode:

"We can't do any of the creation we want to do if we are separated from ourselves." —Laurie Seymour

"Listen and be quiet enough to receive that inner guidance and direction." —Laurie Seymour

"Excitement over something is a clue that it's my personality that wants to hear that. And so, the testing came in around 'was I willing to set aside my personal will?'" —Laurie Seymour

"Courage is stepping into something that you don't know yet." —Laurie Seymour

"No one else can be you." —Laurie Seymour

"Innovation is going beyond what we already know—it's going deep into that creative source of the universe." —Laurie Seymour

"Innovation is not just about the idea. Innovation takes place in the action." —Laurie Seymour

3 Pearls of Wisdom:

"The breath contains that intelligence of life. We don't have to direct it."

"Breathe consciously to receive what is available for us to receive."

"Trust in what we receive so that we can take action."

Resources:

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